

## The Ultimate Guide to Communication Skills

- Avoid Unnecessary Buzzwords
  Don't use words too big for the subject.
- 2 Listen Before You Speak Listen with curiosity. Speak with honesty. Act with integrity.
- Be Emotionally Intelligent
  Speak when angry, and make the best speech you'll ever regret.
- 4 Communicate with Confidence
  The worst enemy to creativity is self-doubt.
- Take Care of Nonverbal Communication 60% of communication is nonverbal body language.

- Go Open Door Policy
  3 prime needs are interesting work, recognition & company info.
- 7 Choosing the Right Medium
  Know when to email vs. when to meet.
- 8 Collect Feedback Feedback is the breakfast of champions.
- Eliminate AssumptionsAssumptions are the termites of relationships.
- **10.** Be Patient Patience is a conquering virtue.



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