

Learning Styles Questionnaire

This questionnaire has been designed to find out your personal preferred learning style or styles. It is natural to develop learning 'habits' that help you gain more from some experiences than from others. However, you are probably not aware of this, this questionnaire will help you diagnose your learning preferences so that you are in a better position to select learning experiences that suit your personal style.

There is no time limit to this questionnaire. It should take you between 10 to 15 minutes to complete. Your honesty will determine the accuracy of the results, and remember there are no right or wrong answers. If you agree more than you disagree with the statement, put a tick ✓ against the appropriate number on the score sheet. If you disagree more than you agree, put a cross ✗ against the appropriate number on the score sheet. Be sure to mark each question with either a tick or cross.

1. I hold firm opinions around what is right and wrong, good and bad.
2. I often do things without weighing up the potential effects.
3. I tend to resolve problems using a gradual approach.
4. I think that formal operations and policies can restrict people.
5. I possess a reputation for sounding out what I think, simply and immediately.
6. I frequently notice that actions based on feelings are as substantial as those founded on careful thought and reasoning.
7. I like the kind of task where I have time for thorough planning and execution.
8. I regularly query people around their basic premises.
9. What counts ultimately is whether something works in practice.
10. I continuously search for novel experiences.
11. When I learn about a novel approach I immediately set about working out how to use it in practice.
12. I am keen on self-discipline, such as watching my diet, getting regular exercise, sticking to a fixed routine.
13. I am proud when I do a meticulous job.

14. I am better suited to intelligent, systematic people and not very well suited to impromptu or unreasonable people.
15. I am careful with the meaning of the data available to me and try not to be impetuous.
16. I like to arrive at a decision carefully after weighing up my options.
17. I'm drawn more to unique and unusual ideas than to the more practical ones.
18. I don't like disorganised things and choose to fit things into a logical form.
19. I acknowledge and adhere to procedures and policies, so long as I see them as an effective mode of getting the task done.
20. I like to compare my actions to a general rule.
21. In conversations I like to be direct.
22. I often keep my colleagues at work at a distance or at arms length.
23. I enjoy a new challenge and tackling something different.
24. I gravitate to happy and spontaneous people.
25. I pay thorough attention to detail before arriving to a close.
26. I find it hard to achieve ideas on a whim.
27. I try and get to the point as soon as possible.
28. I am careful not to leap to conclusions too rapidly.
29. I like to have a numerous sources of information – the more data to consider the better.
30. Flippant people, who don't take matters seriously enough often annoy me.
31. I hear other people's opinions before giving my own.
32. I am often clear about how I'm feeling.
33. In discussions I enjoy watching the maneuverings of others.

34. I choose to react to issues on a spontaneous, adaptable basis rather than stick to a routine.
35. I gravitate to styles such as network analysis, flow charts, contingency planning, branching programmes etc.
36. I am concerned when I have to hurry a piece of work to meet tight deadlines.
37. I often judge people's ideas on their practice merits.
38. Quiet, thoughtful people tend to make me feel anxious.
39. People who want to hurry things annoy me.
40. It is more important to savor the present moment than to recollect about the past or future.
41. I believe that decisions based on a complete analysis of all the information are sounder than those founded on suspicion.
42. I am inclined to be a perfectionist.
43. In conversations I usually achieve lots of instinctive ideas.
44. During meetings I usually offer realistic and practical ideas.
45. More frequently than not, rules are there to be broken.
46. I choose to stand back from a situation and consider all of the options.
47. I can often pick up inconsistencies and weaknesses in other people's statements.
48. I tend to talk more than I listen.
49. I can often see more serious, more pragmatic ways to get things done.
50. I feel that written reports should be short and succinct.
51. I consider that rational, logical thinking should win the day.
52. I tend to discuss specific matters with people rather than engaging in social conversations.
53. I prefer people who consider things realistically rather than hypothetically.
54. During conversation I get irritable with irrelevance and deflection.

55. When I write a report, I tend to make numerous drafts before confirming the final document.
56. I prefer to try things out and see if they actually work in practice.
57. I prefer to reach answers via a consistent logical approach.
58. I like being the chatty one.
59. During conversations I am often the most realistic, keep people on track and avoid speculation.
60. I like to consider my options before making a decision.
61. During conversations I am the most objective and unbiased.
62. During conversation I am more like to be an observer than lead the conversation.
63. I prefer to relate current actions to a longer-term bigger picture.
64. If things go wrong, I will disregard it and put it down to experience.
65. I ignore wild and impromptu ideas as being unattainable.
66. It is best to consider things carefully before you act.
67. More often than not, I will listen rather than talk.
68. I'm often tougher on people who find it hard to adopt a plausible approach.
69. Most times I consider the goal justifies the means.
70. I don't care if I hurt people's feelings so long as the task gets done.
71. I find the formality of having specific targets and plans stifling.
72. I am usually the life and soul of the party.
73. I do whatever is necessary to quickly get the job done.
74. I rapidly grow bored with methodical, detailed study.

75. I am keen on exploring the basic premises, rules and theories underpinning key issues.
76. I always care about what people think.
77. I prefer meeting to stick to the agenda and to be run methodically.
78. I don't get involved in biased or inconclusive topics.
79. I thrive in dramatic and exciting crisis situations.
80. People consistently find me insensitive to their feelings.

Learning Styles Questionnaire – Scoring

You score one point for each item you ticked (✓). There are no points for items you crossed (✗). Just indicate on the list below which items were ticked.

	2	7	1	5
	4	13	3	9
	6	15	8	11
	10	16	12	19
	17	25	14	21
	23	28	18	27
	24	29	20	35
	32	31	22	37
	34	33	26	44
	38	36	30	49
	40	39	42	50
	43	41	47	53
	45	46	51	54
	48	52	57	56
	58	55	61	59
	64	60	63	65
	71	62	68	69
	72	66	75	70
	74	67	77	73
	79	76	78	80
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	TOTAL			
	Activist	Reflector	Theorist	Pragmatist

Circle your scores on this chart and join up.

Activist	Reflector	Theorist	Pragmatist	
20	20	20	20	Very Strong Preference
19				
18		19	19	
17	19	18		
16				
15			18	
14		17		
13	18	16	17	
12	17	15	16	Strong Preference
	16			
11	15	14	15	
10	14	13	14	Moderate Preference
9				
8	13	12	13	
7	12	11	12	
6	11	10	11	Low Preference
5	10	9	10	
4	9	8	9	
3	8	7	8	
	7	6	7	Very Low Preference
	6	5	6	
2	5	1	5	
	4	4	4	
	3	3	3	
1	2	2	2	
	1	1	1	
0	0	0	0	

Learning Styles Chart

Use this chart to plot your preferred learning style and compare this with your student/colleagues/line manager. The outcome should provide a useful guide to your individual learning styles.

